

FARM GIRL

DRINK

COFFEE by The Roasting Party

- Espresso** 3
- Macchiato** 3.5
- Piccolo** 3.5
- Long Black** 3.4
- Americano** 3.4
- Flat White** 3.7
- Latte** 3.8
- Cappuccino** 3.8
- Mocha** 4.2
- Rose Latte** 4.8 double shot with rose water infused whole milk, petals
- Lavender Latte** 4.8 double shot with lavender water infused whole milk, petals
- Spanish Latte** 6 double shot with condensed milk, whole milk
- Spanish Oat Latte** **vg** 6 double shot with plant based condensed milk, oat milk

TEA

- Earl Grey** 2.5
- English Breakfast** 2.5
- Green** 3.5
- Chamomile** 3.5
- Liquid Gold Cleanse** 4 turmeric, ginger root, honey, black pepper, lime
- ACV Cleanse** 4.2 apple cider vinegar, honey, milk thistle
- Lemon, honey, ginger, hot water** 3.5
- Fresh lemon, hot water** 2.5
- Fresh Mint, hot water** 3.5
- Fresh Ginger, hot water** 3

ORGANIC MATCHA by Sayuri

- Matcha Latte** 5.5 organic Japanese matcha, whole milk
- Rose Matcha Latte** 5.5 organic Japanese matcha infused with rose water, whole milk

HOT CHOCOLATE

- OG Hot Choc** 5 cacao, date syrup, whole milk
- Happy Hot Choc*** 6.5 cacao, date syrup, peppermint, matcha, CBD, whole milk
- White Choc** 5.5 coconut milk powder, Madagascan vanilla, cocoa butter, whole milk
- Peanut Butter Hot Choc*** 5.5 cacao, peanut butter powder, whole milk

FUNCTIONAL LATTES

- Chai Latte** 5 chai, cinnamon, date syrup, whole milk
- Charcoal Latte** 5.5 activated charcoal, date syrup, whole milk
- Liquid Gold Latte** 5.5 turmeric, ginger root, honey & black pepper, whole milk
- Butterfly Latte** 5.5 organic blue pea powder latte, whole milk

Add-ons

Extra Shot 50p | Decaf 50p | CBD Oil 3 | MCT oil 2 | most of our drinks can be iced +60p
All alternative milks are free: oat | pea | coconut | almond* | hazelnut* | cashew*

Our whole milk is unhomogenised, locally sourced & supplied by The Estate Dairy.

FARM GIRL

EAT
available all day

EGGS

Eggs anyway 8

poached/ fried or scrambled eggs, chives, salted cultured butter, sourdough toast
+ avo 3 + smoked bacon 4
contains dairy, eggs, gluten

Farm Breakfast Plate 12.5

maple bacon, fried egg, chives, thyme roast tomato, miso portobello mushroom,
flatbread
contains eggs, gluten, soya, sulphites

Green Turkish Eggs* 12

spinach, olive & leek sauce, Greek yoghurt, dill, zhoug, 2 poached eggs, pine nuts,
Aleppo chilli, sourdough
contains dairy, eggs, gluten, nuts

TOAST

Avocado vg 11

smashed avo, citrus, Aleppo chilli flakes, mint, dill, sourdough
+ poached egg 2, + gluten free toast instead
contains gluten, nuts

Mushroom 8

oyster & chestnut mushrooms, grana padano, parsley, sourdough
contains gluten, dairy

BREKKIE BOWLS

Granola 7*

Estate Dairy Greek yoghurt, homemade granola with seasonal fruit
contains dairy

Gut Boost 6

Greek yoghurt sprinkled with chia seeds, flaxseeds & raw honey

Acai Bowl vg 10*

frozen Amazonian berries, frozen banana, coconut milk, seasonal fruit,
chia seeds, coconut shavings, granola*
+ almond butter 2.5 + peanut butter 1.5
contains nuts

Chia Porridge 6

oats, chia seeds, maple syrup, Greek yoghurt
contain dairy

PANCAKES

 gluten free and vegan

BYO Pancakes 11 (2 pancakes)

Choose a topping:

apple & pear | cherry ripe | butter & maple syrup

* contains nuts | vg vegan

Please advise our staff if you have any allergies.

Due to the nature of our kitchens, we cannot guarantee the absence of allergens.

FARM GIRL

EAT
available from 11am

SANDWICHES

Coconut BLT **vg** 11

our homemade coconut bacon, tomato, lettuce, carrot, beetroot, aioli, sourdough
contains mustard, gluten, soya, sulphites

BLT 11

smoked bacon, tomato, lettuce, cucumber, grated carrot, aioli, sourdough
contains mustard, gluten, soya, sulphites

Chicken 10

marinated chicken, tomato, cucumber, baby gem, southwest sauce
contains mustard, gluten, dairy, egg

SALADS

Farm Bowl **vg** 10

turmeric & lemon hummus, roasted sweet potato, celery, broccolini, cous cous,
pumpkin seeds
contains gluten, celery, sulphites

Chicken Bowl 10

herby lemon chicken breast, cous cous, celery, cucumber, pumpkin seeds,
Aleppo chilli, southwest sauce
+ smoked bacon 4
contains dairy, gluten, celery, sulphites, soya

HOT LUNCH BOWLS

Mushroom Soup 10

mushroom, feta, toasted sourdough
contains gluten, dairy

Dhal 12

curried yellow lentils, poached egg, dill, Aleppo chilli flakes, Ararat flatbread
contains soya, eggs, gluten

Extras

poached egg 2 | fried egg 2 | scrambled eggs 2
avo 3 | coconut bacon 3.5 | smoked bacon | 4 chicken 4
flatbread 3.5 | extra sourdough toast 2 | extra gluten free toast 2
feta 2.5 | coconut yoghurt 2.5 | Greek yoghurt 2 | seasonal fruit 3 | granola 3
maple syrup 1.5 | honey 1 | peanut butter* 1.5 | almond butter* 2.5

* contains nuts | **vg** vegan

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