

“EAST LONDON’S OWN”

The BAGEL GUYS

By PAULIE’S

OUR BAGELS ARE ALWAYS HAND-ROLLED, BOILED AND FRESH BAKED DAILY.

WE ONLY USE 100% SOURDOUGH STARTER, NO COMMERCIAL YEAST, NO FUNNY STUFF, JUST REALLY GOOD BAGELS.

GRAB & GO PRE-FILLED BAGELS IF YOU’RE IN A RUSH

THE SCHMEAR “NYC”	SCALLION SCHMEAR ON EVERYTHING BAGEL	4
THE SCHMEAR “LDN”	PLAIN SCHMEAR ON PLAIN BAGEL	4
THE LOX	SCHMEAR, LOX (SMOKED SALMON), QUICK-PICKLED RED ONION & CUCUMBER	10
THE VEGAN	VEGAN SCHMEAR, THICK CUT TOMATO, QUICK-PICKLED RED ONION & CUCUMBER	5
THE TUNA SALAD	BAGEL, TUNA MAYO W/CHOPPED ONION & DILL PICKLES	6.5
THE RIP & DIP	2 x BAGELS, 1 x POT OF SCHMEAR	7.5

MADE TO ORDER CHOOSE YOUR BAGEL, CHOOSE YOUR SCHMEAR

CUSTOMISE ANY OF THE GRAB & GOS		4-10
THE SALT BEEF REUBEN	THICK CUT SALT BEEF, SAUERKRAUT, GHERKINS, SWISS, PAULIE’S HOUSE SAUCE	10
THE VEGAN REUBEN	BEET-MARINATED JACKFRUIT, SAUERKRAUT, GHERKINS, VEGAN CHEESE/SWISS, VEGAN HOUSE SAUCE	10

ADD EXTRA: SCHMEAR 2 / LOX 5 / TUNA 3 / SWISS CHEESE 0.5 / VEGAN CHEESE 0.5
QUICK-PICKLED RED ONION OR CUCUMBER / TOMATOES / CAPERS / JALAPEÑOS - NO CHARGE

DRINKS

& SWEETS

PAULIE’S LEMONADE	3
PAULIE’S ICED TEA	3
ARNOLD PALMER	3
PAULIE’S DOUBLE CHOC CHIP COOKIE	3.5
SWEET EVERYTHING SNICKERDOODLE (VGN)	2.5

BAGELS

FLAVOUR VARIETIES

PLAIN
EVERYTHING
SESAME
POPPY
ONION

SCHMEARS

WHIPPED CREAM CHEESE

PLAIN
SCALLION
CHIVE
DILL
JALAPEÑO

ANY ALLERGIES? PLEASE ASK US FOR INFO!